



MOTHER TERESA COLLEGE OF PHARMACY

(Approved by AICTE & Affiliated to O.U. & Recognised by P.C.I.)

N.F.C. Nagar, Ghatkesar, Medchal Dist. T.S.

ANNUAL REPORT FOR NSS ACTIVITIES 2018-19

S.NO.	NAME OF THE SEMINAR/CONFERENCE/ WORKSHOP	NUMBER OF PARTICIPANTS	DATE
1.	Haritha haram	42	21.8.2018
2.	Cancer Awareness Program	38	5.9.2018
3.	Swachh Bharat Programme	41	22.10.2018
4.	Health Awareness Program	37	17.12.2018
5.	Cleaning the Campus	36	4.2.2019
6.	Self defence Programme	39	16.03.2019
7.	Road safety	41	19.02.2019
8.	Lake Cleaning Program	38	28.02.2019
9.	Talk on Cyber Security for Women	37	8.3.2019



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N.F.C. Nagar, Ghatkesar, Medchal Dist. T.S.

REF. NO.: MTCP/NSS/2018-19/01

CIRCULAR

Date: 18.8.2018

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Haritha haram" on the scheduled date of 21.8.2018. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Haritha haram	
Type Of Activity	NSS	
Date And Time Of Activity	21.8.2018	10.30am
No. Of Participants	42	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>On July 3, 2015, Telangana Chief Minister K. Chandrashekar Rao started the initiative. It is a Telangana Flagship initiative to restore damaged forests and preserve them from smuggling, encroachment, fire, and grazing. Intensive watershed-based soil and moisture conservation was used.</p> <p>Roadside avenues, river, and canal banks, barren hills and coastal regions, institutional premises, religious locations, housing colonies, communal lands, municipalities, and industrial parks were to be planted heavily beyond the existing forest. To preserve environmental stability and ecological balance, the Indian National Forest Policy requires 33% forest cover.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/02

CIRCULAR

Date: 27.09.2018

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Cancer Awareness Program" on the scheduled date of 5.9.2018. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Cancer Awareness Program	
Type Of Activity	NSS	
Date And Time Of Activity	5.9.2018	10.30am
No. Of Participants	38	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>Understanding the disease, its origins, the availability of national cancer screening programs, and what to do in the event of a suspected symptom is known as cancer awareness. What occurs following a cancer diagnosis and throughout cancer treatment might be further researched to increase knowledge of cancer.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/03

CIRCULAR

Date: 16.10.2018

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Swachh Bharat Programme" on the scheduled date of 22.10.2018. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Swachh Bharat Programme	
Type Of Activity	NSS	
Date And Time Of Activity	22.10.2018	10.30am
No. Of Participants	41	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>"A clean India would be the best tribute India could pay to Mahatma Gandhi on the 150th anniversary of his birth in 2019," said Shri Narendra Modi at the inauguration of the Swachh Bharat Mission on Rajpath in New Delhi. On 2 October 2014, Swachh Bharat Mission was inaugurated as a national movement throughout the entire country. The campaign seeks to realize the vision of a 'Clean India' by October 2, 2019.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/04

CIRCULAR

Date: 13.12.2018

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Health Awareness Program" on the scheduled date of 17.12.2018. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Health Awareness Program	
Type Of Activity	NSS	
Date And Time Of Activity	17.12.2018	10.30am
No. Of Participants	37	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>Health Awareness reduces the incidence of disease by as much as 30 percent. We, at the Max India Foundation, offer health education to underprivileged individuals with limited knowledge. We provide individuals with the knowledge to choose healthful behaviors and make lifestyle modifications that reduce mortality.</p> <p>We emphasize on a variety of health topics to raise community awareness and improve their Health Literacy. Health & Hygiene, Hand Washing, Menstrual Hygiene, Oral Hygiene, Nutrition, Dengue, Breastfeeding, Anemia, Tobacco Sensitization, Immunization, and Cancer are our primary areas of focus.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/05

CIRCULAR

Date: 2.2.2019

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Cleaning the Campus" on the scheduled date of 4.2.2019. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Cleaning the Campus	
Type Of Activity	NSS	
Date And Time Of Activity	4.2.2019	10.30am
No. Of Participants	36	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>Cleaning is important for the health and safety. If the hallways and rooms within a college is cluttered with rubbish, cables, boxes and other obstacles, it increases the likelihood of accidents and mishaps. If a serious injury occurs as a result of a disorganised work environment, it can potentially lead to more severe problems, including lawsuits and a loss of productivity and faith in the college.</p> <p>Maintaining a clean college environment sets a good example to students. It encourages learners to take pride in their university or college, which makes them less likely to drop litter and as such they will potentially make a bigger effort to maintain their environment.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/06

CIRCULAR

Date: 10.3.2019

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Self defence Programme" on the scheduled date of 16.03.2019. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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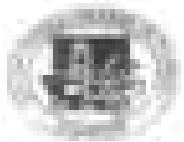


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EVENT REPORT

Name Of The Activity	Self defence Progrmme	
Type Of Activity	NSS	
Date And Time Of Activity	16.03.2019	10.30am
No. Of Participants	39	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>Keeping in view, the rising number of crimes against girls in the country, it is important to provide self-defence training to them in the schools to ensure their safety and security. Self-defence training is a life skill that helps girls to be more aware of their surroundings and be prepared for the unexpected at any time. Through the self defence training, the girls are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress. Self defence training techniques instills self confidence amongst girls and helps to promote girls education.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/07

CIRCULAR

Date: 16.02.2019

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Road safety" on the scheduled date of 19.02.2019. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Awareness program on Road safety	
Type Of Activity	NSS	
Date And Time Of Activity	19.02.2019	10.30am
No. Of Participants	41	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>To save millions of lives that are endangered worldwide as road safety continues to be a significant concern, National Road Safety Week is celebrated from January 11 to 17 of every year to raise awareness to prevent death and injuries worldwide.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/08

CIRCULAR

Date: 24.02.2019

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Lake Cleaning Program" on the scheduled date of 28.02.2019. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Lake Cleaning Program	
Type Of Activity	NSS	
Date And Time Of Activity	28.02.2019	10.30am
No. Of Participants	38	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp.</p> <p>The Management took the initiative to lake cleanup efforts in the city. As temperatures rise, department employees will sanitize reservoirs. The enormous endeavor to clear up lakes in Malkajgiri, RC Puram, Serilingampally, Saroornagar, and Meerpet includes the participation of resident welfare associations and non-governmental organizations.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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REF. NO.: MTCP/NSS/2018-19/09

CIRCULAR

Date: 5.3.2019

This communication is to notify everyone on staff that the Mother Teresa College of Pharmacy will be hosting an event titled "Talk on Cyber Security for Women" on the scheduled date of 8.3.2019. It is strongly encouraged that all individuals attend the Program without exception, since it is essential for the acquisition of information.

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EVENT REPORT

Name Of The Activity	Talk on Cyber Security for Women	
Type Of Activity	NSS	
Date And Time Of Activity	8.3.2019	10.30am
No. Of Participants	37	
Coordinators	UPENDAR KANDARABOINA	
Description	<p>The principal addressed the gathering and welcomed all. The HOD distributed the work and the coordinators proceeded with camp</p> <p>An unfortunate number of women are becoming victims of cyber crimes. According to a recent study more women are known to use the Internet to enrich their relationships compared to men. Young women, those 18-24, experience certain severe types of harassment at disproportionately high levels: 26% of these young women have been stalked online, and 25% were the target of online sexual harassment. The growing reach of the Internet and the rapid spread of information through mobile devices has presented new opportunities that could put some women at risk, so it's important to be mindful of the dangers.</p> <p>Finally HOD congratulated all for successful conduction of camp and felicitated the team.</p>	
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